



Video: Faith Testimonies

Discussion / Reflection Questions

Questions are offered below to help stimulate prayer and reflection in response to watching the films provided.

Please feel free to put to one side any questions that don't apply to you.

Some people find it helpful to make a brief note of their question responses for on-going prayer and reflection.

You may choose to reflect on these questions over the course of several days, in the form of a 'mini-retreat', rather than look over them all at once. Pray before you begin your time of reflection.

For those who are exploring the possibility of re-connecting with their local Catholic Church:

1. What most struck you about what you've just heard?
2. Who has been a positive faith influence in your life and why?
3. What positive role does faith play in your life?
4. What turning points in your life can you identify when your faith became more significant?
5. When have you felt God's love – perhaps through the kindness of another, during a moment of prayer, whilst sitting and enjoying a scene of natural beauty?
6. What new step might you take as a fruit of having watched this film?
7. What is your response to this invitation from Jesus: "'Courage! It's me! Don't be afraid.' It was Peter who answered: 'Lord,' he said, 'if it is you, tell me to come to you across the water'. Jesus said: 'Come.'"

Taken from the Gospel of Matthew chapter 14 verses 27 – 29

If you would like to find out more about re-connecting with your nearest Catholic parish, please feel free to make an appointment with your local Catholic priest.

If you don't know how to contact your local parish, the Catholic Faith Enquiry Centre would be pleased to help you: catholicfaith.org.uk

This seasonal website also offers additional support and information:
comehomeforchristmas.org.uk

For those who are regular Catholic Mass attenders:

1. What most struck you about what you've just heard?
2. What contact have you had with non-churchgoing Catholics, and what reasons have they shared for not practicing their faith?
3. What do you think are the main obstacles to people re-connecting with their faith and parish life?
4. What could your parish do to reach out to non-churchgoing Catholics?
5. How do you think prayer helps before trying to reach out to someone?
6. If someone asked you why you are a practicing Catholic, what would you say to them?
7. If someone shared with you that they didn't think that God existed, drawing from your own experience, how might you respond?
8. What might you share with someone seeking to know why receiving Holy Communion is so important?
9. What new step might you take as a fruit of having watched this film?

If you would like to find out more about the 'Crossing the Threshold project: Ministry and Outreach to non-churchgoing Catholics' please see:

cbcew.org.uk/crossing-the-threshold

catholicnews.org.uk/hms13

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faithcafe.org

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cbcew.org.uk/home-mission-desk